

Study to improve the advice and support given to Black African and Afro-Caribbean communities living with stroke – can you help?



Are you of Black African or Afro-Caribbean heritage?

Have you experienced stroke?

Would you like to share your experiences?

We would like to talk to Black people affected by stroke to find out what **information and advice** would help them **manage their health better**

These conversations will help us plan and design **new materials** which provide the information and advice Black people living with stroke need

If you'd like to find out more, please contact **Chunhua Chen**

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This study is part of the 'Inclusivity in Stroke Self-Management Support' (ISSMAS) project: Co-designing resources to improve self-management by Black African and Afro-Caribbean communities living with stroke in the UK which is being run by the University of the West of England (UWE) in Bristol and Kingston University in London